

- 1 All races shall be rowed under the recognised ARA Rules of Racing.
- 2 The Committee reserves the right to make any alteration in the Programme that may be deemed necessary.
- 3 Any objection to a competitor is to be made in writing to the Hon Secretary on the day or the day before racing the event.
- 4 All coxes to be at the weight laid down by the ARA or to carry self supplied weights in the boat to make up this weight.
- 5 All crews and scullers must report to the registration desk at HSBC RC at least 30 minutes before the advertised time for the start of their race.
- 6 Competitors must collect their number (to be worn by the bowman on the back of his vest) from the registration desk at the HSBC RC.
- 7 All crews to keep to the Surrey shore going to the start, to report to the Start Marshal (for races on the Ebb Tide) or the Accompanying Marshal (for races on the Flood Tide) and follow his/her instructions.
- 8 When marshalling to race on the Flood Tide, crews will first be under the control of the Accompanying Marshal on the Surrey station (near to the downriver end of the moored boats) and shall be called across to the Start Marshal on the Middlesex station by the Accompanying Marshal or Race Umpire.
- 9 Stations count from Surrey.
- 10 All races are started by the Umpires as laid down in the ARA Rules of Racing and the decision of the Umpires and Judges is final.
- 11 All crews must stay on the Middlesex side of the moored boats at Putney when racing, and obey the normal 'starboard hand rule' for navigating on the Tideway, particularly when other river users are nearby.
- 12 All crews must stay on the Surrey side of the moored boats when proceeding to the start (for races on either state of the Tide) and not impede any race in progress.
- 13 For races on the Ebb Tide, crews may warm up up-river of Harrods Depository but will be outside of the marshalling area and so not subject to supervision or Safety cover.
- 14 For races on the Flood Tide, crews may cool down up-river of Harrods Depository but will be outside of the marshalling area and so not subject to supervision or Safety cover.
- 15 In the event of a dead heat crews must, at the umpire's discretion, re-row over as long a course as possible.
- 16 In the event of a crew scratching, the remaining crew may be required to row over the course.
- 17 Prizes will only be awarded if two or more crews contest the final.
- 18 All crews must conform to the conditions of the ARA Water Safety Code and comply with the Code of Practice for Rowing on the Tidal Thames above Putney.
- 19 Non Tideway crews' attention is particularly drawn to Rule 20 below.
- 20 The event is held on the Tideway under normal navigation rules, and all crews entering, particularly novices and juniors, should ensure that they are competent to manoeuvre on a strong tidal stream such that they can safely position themselves on the start, this will include the ability to stop in an emergency, to back down and to turn. Coaches and club captains entering such crews should be aware of their duty of care not to enter novices or juniors that cannot cope with Tideway conditions.
- 21 The Committee would like to point out that all boats and equipment brought to this regatta are entirely at the Owner's risk.

Please note that competitors and spectators are requested not to obstruct the entrance to any boathouse (rowing or sailing) with parked vehicles, trailers or boats.